



PRICELIST 2015

 **HARRYS' GARDEN**  
ABANO TERME HOTEL





## OUR RELAXATION & WELLNESS SERVICES

Included in the full board and half board rates:

### GOURMET

- Rich breakfast buffet in our wide veranda with a panoramic view of the swimming pools and the park. If weather permits, it is possible to have breakfast outdoors, in the nearby garden
- Lunch and dinner with most courses (buffet with in season vegetables, first course, second course, side dishes and desserts) where you will be able to choose among a variety of options from the menu of the day. You will have your own table at the restaurant reserved for the whole stay
- Weekly entertainment program: welcoming cocktails, dancing evenings (in summer, outdoor), dinner with piano music or season themed typical dinner

### RELAXATION & WELLNESS

- 700 sqm of thermal swimming pools; one indoor and one outdoor linked to each other, with hydro-massages, a 400 sqm pool, of which 25x10 meters for swimming, and an additional area for hydrotherapeutic massages for a total of 25 stations
- Lawn chairs in the park and by the swimming pool
- Entrance to "Elisir" Wellness Centre: Calidarium-Turkish Bath, Finnish Sauna, Chromatic-therapeutic Showers, Cold Mist, Tropical Shower, Stream Shower, Relaxation Area and Warm Stone Beds (scheduled times)
- Fitness Program : from Monday to Friday group activities with instructor/ personal trainer in gym and WaterGym in thermal water
- Bicycles of the hotel available for visiting the surrounding area
- Bowling green and table tennis
- Car parking inside our property
- Internet Point and Wi-Fi in all the hotel (included park and swimming pools)

## PRICELIST 2015 - 1ST EDITION



	SEASON 14.03 - 29.11		HOLIDAYS 23.12 - 06.01.2016	
	2 BEDS	1 BED	2 BEDS	1 BED
<b>STANDARD ROOM</b>	€ 78,00	€ 86,00	€ 80,00	€ 88,00
<b>ROOM WITH AIR CONDITION</b>	€ 80,00	€ 90,00		

The full board and half board rates will apply for a three-day stay or more, and includes all the "Relax & Wellness" services described in the previous page, VAT 10%, per person, per day. The tourist tax is not included.

### INFO PRICES

- Tourist tax: currently € 1,50 per person per night, applied for maximum 7 nights of each stay
- Half board reduction € 3,00 per day and person
- Drinks are extra and are paid by the drink
- No rate deductions for not taken meals

### ROOMS

- Our rooms are equipped with all modern conveniences: bathroom, shower, hair-dryer, safe-deposit box, TV-Sat, telephone, terrace; air conditioning and fridge upon request
- On the day of arrival the room is available from 01:00 pm (earlier if possible)
- Please leave the room by 10:30 am on the day of departure
- Christmas/New Year's Eve, on request programme of entertainment
- Early departure/cancellation policy: penalties will be applied as provided by the hotel standard operating procedure

### CHILDREN

- Children up to 10 years sharing parents' room: 30% reduction
- Cot € 15,00 per day

### SUPPLEMENTS

- Double at single occupancy, on single-room price € 8,00 per day
- Corner room € 8,00 per day
- Late check-out: if available, room at your disposal until 7 pm on the day of departure € 20,00 per person
- Fridge in room € 1,00 per day
- Pets (not allowed to bring them in the restaurant, swimming pools and treatment department) € 8,00 per day, food not included

### UPON REQUEST (WITH FEE)

- We can organize individual and group transfers to and from airports and railway stations
- We can plan your journey with low-cost flights to and from Italy and Europe (to and from Venice or Treviso)
- We can book excursions to the Euganean Hills and to nearby cities of art and we can book your tickets for the Verona Arena
- Golf: we can book your departures with green fees and good prices



## BED & BREAKFAST RATES

### Season

	2 BEDS	1 BED
<b>Standard room</b>	€ 50,00	€ 60,00
<b>Room with air condition</b>	€ 52,00	€ 64,00

The bed and breakfast rates include VAT 10%, service, per person, per day. The tourist tax is not included.

### Forfait Relax & Wellness

The clients who choose the bed and breakfast rate are charged with a 19,00 € flat rate that allows them to access the swimming-pools, the Wellness Center Elisir and include the bathrobe hire.



## SUGGESTIONS FOR A GIFT

Give a stay or a treatment at **Harrys' Garden** as a present. Choose among the different offers and ask for a **Personalized Voucher**.

## SHORT STAY, INTENSE RELAXATION!

- **1 NIGHT** with half board treatment in a double room, including our Relaxation & Wellness services and usage of bathrobe for the whole stay **€ 89,00 per person**
- **2 NIGHTS** with half board treatment in a double room, including our Relaxation & Wellness services and usage of bathrobe for the whole stay **€ 160,00 per person**
- **2 NIGHTS** with full board treatment in a double room, including our Relaxation & Wellness services; 1 relaxing massage or 1 mud therapy treatment with thermal bath with ozone and usage of bathrobe for the whole stay **€ 200,00 per person**

Full board surcharge: € 10,00 per day per person.

Single room surcharge: € 8,00 per day.

Offers valid for the year 2015 according to room availability.

The offers cannot be combined with other promotions.



## ADVANTAGEOUS WEEKS!

- **WELCOME SPRINGTIME**  
valid from 14.03 to 29.03
- **SPECIAL SUMMER**  
valid from 14.06 to 30.08
- **AUTUMN RELAXATION**  
valid from 25.10 to 29.11

- Stay of 7 nights at the price of 6
  - Stay of 14 nights at the price of 12
- Half board or full board stay**

For example: **7 NIGHTS, full board**  
from **€ 468,00** instead of € 546,00

Offers valid for the year 2015, according to room availability.  
The offers cannot be combined with other promotions.



## RELAXATION & WELLNESS PROPOSALS

### THE PLEASURE OF THE THERMAE € 218,00

- 2 nights with half board treatment
- 1 mud treatment with thermal bath with ozone
- 1 relaxing massage
- 1 inhalation or aerosol

### ORIENTAL BREAK € 210,00

- 2 nights with half board treatment
- 1 therapeutic thermal bath with ozone & essences
- 1 plantar reflexology
- 1 solarium

### RELAXING BREAK € 380,00

- 3 nights with half board treatment in a double room
- 2 mud treatments with ozone thermal baths
- 2 reaction massages
- 1 shiatsu massage
- 1 thermal mud-based face treatment

### RELAXING AND CALMING € 460,00

- 4 nights with half board treatment in a double room
- 1 antistress massage
- 1 plantar reflexology
- 1 Reiki treatment
- 1 "Total Body" peeling treatment
- 1 complete cleansing facial

### REGENERATING WEEK € 688,00

- 6 nights with half board treatment in a double room
- 3 thermal bath treatments with ozone
- 1 lymph drainage massage (45 min.)
- 1 connective tissue massage
- 1 "Paradise" face treatment
- 1 "Total Body" peeling treatment
- 1 shiatsu massage
- 3 inhalation or aerosol treatments

The price of these packages is per person and in double room; it includes our Relaxation & Wellness services and usage of bathrobe for the whole stay.

## TRADITIONAL THERMAL TREATMENTS - FORAITS OF STAY

Our proposals of thermal treatments refer to a stay in standard double room, full-board basis, and include free access to the thermal swimming-pools and to the Wellbeing Centre Elisir, mud applications with thermal shower and ozonized bath, reaction massages (14 min.), usage of bathrobe for the whole stay and fitness program (medical examination excluded).

Please note that ozone in the thermal bath is included in the price of the package and cannot be deducted.

	Advantageous weeks		Season	
	2 BEDS	1 BED	2 BEDS	1 BED
<b>7 days / 6 treatm.</b>	€ 757,00	€ 805,00	€ 814,00	€ 870,00
<b>10 days / 9 treatm.</b>	€ 1.129,00	€ 1.201,00	€ 1.177,00	€ 1.257,00
<b>12 days / 10 treatm.</b>	€ 1.331,00	€ 1.419,00	€ 1.373,00	€ 1.469,00
<b>14 days / 12 treatm.</b>	€ 1.501,00	€ 1.597,00	€ 1.615,00	€ 1.727,00
<b>21 days / 15 treatm.</b>	€ 2.107,00	€ 2.251,00	€ 2.278,00	€ 2.446,00



## THERMAE

### TRADITIONAL THERMAL TREATMENTS

Our thermal structure uses "Mature Mud" certified by the University of Padua. Mud is the typical curative element of our thermal complex, and it is made of a solid clay-like component, a liquid component (salted-bromide-iodic hypothermal water) and an organic one (algae, protozoan, etc...). For the mud to become an actual medicine, it needs to "mature" inside special tanks, being in direct and constant contact with thermal water, sunshine rays and air. Only mature mud has clinical, physical, biological and, therefore, therapeutic characteristics that make it the most suitable means for an anti-inflammatory, pain-killing, muscle relaxing and revitalizing therapy.

### ANTI-INFLAMMATORY ACTIVE INGREDIENTS IN THE EUGANEAN THERMAL MUD BATHS

The European Patent No. 1571203 protects and guarantees the presence in thermal mud of numerous active ingredients, naturally produced during the ageing process when correctly regulated. Scientific research at the Pietro d'Abano Thermal Studies Center, owner of the patent, has allowed identifying them and shown the efficaciousness in treating chronic and degenerative inflammatory pathologies, in particular of osteoarticular origin.



### A TRADITIONAL MUD THERAPY TREATMENT CONSISTS OF:

1. Thermal mud application on the body (about 15-20 min): this procedure is in the care of experienced staff who follow the therapeutic indications of the thermal doctor; after the application of mud, the guest is wrapped up in sheets and blankets in order to reduce heat loss.
2. Thermal bath (about 8-10 min): to complete the treatment, the guest plunges in the bath for the balneotherapy; the bath is filled with thermal water at 36/38°C. The thermal bath works as a vasodilator and has a muscle relaxant effect.
3. Time of rest for the sweat reaction: we recommend this time of rest, where the guest lies down in the warmth, allowing his body to take full advantage of the benefits induced by the mud therapy. The most noticeable effect is an intense perspiration.
4. Muscle relaxing therapeutic massage: while the muscles are still warm, the therapist can perform a deep manipulation of the guest's body. The massage improves blood circulation, restores mobility, and helps the elimination of waste.

We recommend a cycle of 10-12 applications per year, that can be done during a two-week stay so that the guests can enjoy the benefits in the following months.

## SPA MENU

### THERMAL TREATMENTS

Mud application with shower and thermal bath	€ 26,00
Extra charge ozone for thermal bath	€ 5,00
Mud application (only hands and/or feet)	€ 14,00
Ozonized therapeutical thermal bath	€ 15,00
Therapeutic thermal bath with ozone & essences	€ 20,00
Aerosol therapy	€ 8,00
Thermal water inhalation	€ 8,00
Medical examination to access the thermal care	€ 26,00

### MASSAGES

Reaction massage with cream (14 min.)	€ 15,00
Complete therapeutic body massage (25 min.)	€ 25,00
Massage with medical cream for cervical or decontracting (14 min.)	€ 15,00
Relaxing massage (30 min.)	€ 28,00
Energy sports massage (30 min.)	€ 28,00

### REHABILITATION AND THERAPIES AGAINST PAIN

Mobilization and Kinesiotherapy (25 min.)	€ 28,00
Spine settlements (15 min.)	€ 16,00

Treatment against Parkinson's disease (25 min.)	€ 28,00
Electrotherapy: iontophoresis – interference – diadynamic (20 min.)	from € 18,00
Ultrasound therapy (12 min.)	from € 15,00
Personalized Gymnastics (30 min.)	€ 30,00
Aquatic therapy (idrokinesi) in thermal water (30 min.)	€ 30,00
Gymnastics against osteoporosis and fibromyalgia (30 min.)	€ 30,00

### THERAPIES FOR CIRCULATORY SYSTEM AND RELAXING

Pathologies treated with Lymphatic Drainage (30 min.)	€ 30,00
Body Lymphatic Drainage - partial (45 min.)	€ 40,00
Body Lymphatic Drainage (60 min.)	€ 50,00
Shiatsu (55 min.)	€ 48,00
Reiki treatment (45 min.)	€ 40,00
Plantar reflexology (25 min.)	€ 28,00
Antistress massage (45 min.)	€ 45,00
Thai Stretching (55 min.)	€ 48,00
Hot-Stone massage (55 min.)	€ 48,00
Connective tissue reflex massage (30 min.)	€ 30,00

### AESTHETIC TREATMENTS - FACE

Face complete treatment (ozone vapour, peeling, mask and massage)	€ 35,00
Mud treatment with massage, mask and cream	€ 27,00
Antistress "Paradise" treatment	€ 32,00
Personalized face treatments (hydrating, tonifying, anti-wrinkles, etc)	€ 27,00
Blueberry- based face treatment	€ 27,00
Regenerating face treatment with fruit acids	€ 27,00
Anti-age treatment with pure collagen	€ 45,00
Manual face lymphdrainage	€ 28,00
Mask and lymphdrainage with essential oil	€ 33,00
Eyebrows and eyelashes colouring and aesthetic depilation	€ 7,00

### BODY

Scrub and chocolate massage	€ 45,00
Chocolate massage	€ 30,00
Total Body Peeling treatment with marine salts and sweet almond oil	€ 35,00
Exfoliating and hydrating body treatment	€ 35,00
Energizing coffee massage	€ 30,00
Regenerating citrus fruits body massage	€ 30,00

Detoxing aloe vera body massage	€ 30,00
Anti-cellulite massage (30 min.)	€ 30,00
Firming massage (30 min.)	€ 30,00
Legs lymph drainage (30 min.)	€ 30,00
Cold leg wrap	€ 30,00
Depilation	from € 18,00
Shower body solarium	€ 10,00

### HANDS AND FEET

Aesthetic and curative pedicure	€ 25,00
Aesthetic pedicure	from € 18,00
Manicure	€ 15,00

### OTHERS

Hairdresser's service for him/her	
Bath robe rental	€ 13,00
Swimming pool towel	€ 3,00
Bath robe and pool sponge rental	€ 15,00
Change of the bath robe	€ 6,00

The schedule for mud-balneotherapy, massages and rehabilitative therapies shall be decided at the reception desk from Sunday to Friday, from 6 to 7.30 pm (except on Saturdays). Treatments cannot be carried out on Sundays.

## WELLNESS & BEAUTY PACKAGES

### BEAUTY OF THE BODY RITUAL

€ 113,00

- 1 Peeling treatment "Total Body" with sea salts
- 1 Toning body massage
- 1 Thai stretching

### STONE AND LIGHT LEGS

€ 106,00

- 1 Legs lymph drainage
- 1 Cold leg wrap
- 1 Plantar reflexology
- 1 Beauty pedicure

### SPECIAL "ANTI-AGING"

€ 105,00

- 1 Complete cleansing facial
- 1 Anti-age treatment with pure collagen
- 1 Aloe or citrus fruits body massage

### CLASSICAL BEAUTY

€ 70,00

- 1 Complete "Paradise" cleansing facial
- 1 Manicure
- 1 Curative pedicure

### CERVICAL RELIEF

€ 108,00

- 2 thermal bath treatments with ozone
- 2 cervical or decontracting massages
- 1 shiatsu



## ELISIR, WELLNESS OASIS

It's our Relaxation Area, where water changes into beneficial steam, between lights and fragrances. **Calidarium-Turkish Bath, Finnish Sauna, Chromatic-therapeutic Showers, Cold Mist, Tropical Shower, Stream Shower, Relaxation Area and Warm Stone Beds** are at your disposal every day, according to the season times. The access to Elisir is included among our services Relaxation & Wellness.



## HOW TO GET HERE

### BY CAR

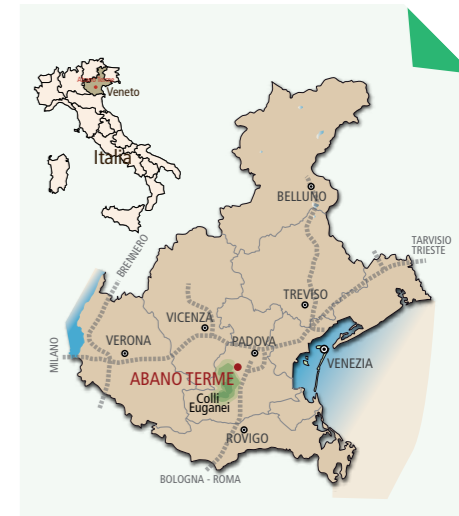
For those who travel on the A4 Torino-Trieste motorway, the recommended exit is Padova Ovest, both if you are coming from Milano and from Venezia; from here, continue on the bypass (Tangenziale ovest: Corso Australia) until the junction for Abano. Here, you enter the strada provinciale that goes from Padova to Abano and, after 4 km, you arrive to our hotel. For those arriving from the A13 Bologna-Padova motorway, the recommended exit is Terme Euganee; from here, take the SS Adriatica towards Padova and follow the indications for Abano Terme. After 5 km, you arrive at our hotel.

### BY TRAIN

The closest train station is Terme Euganee in Montegrotto, on the Bologna-Padova line; all the regional and interregional trains stop here. The train station of Padova, on the Milano-Venezia line, is convenient as well, because all the trains (included the Freccie) stop here. From the station square there are buses of the A, M, T, AT lines that leave every 15 minutes for Abano (30 minutes-long ride). Both stations provide taxi service.

### BY PLANE

The plane might be the right means to reach Abano as well. The closest airport is Venezia Marco Polo (50 km), where the main national and international airline companies stop over. From here you can reach Abano by taxi or shuttle buses. Also the international airports of Treviso (70 km) and Verona (80 km) are quite close and convenient to reach.







 **HARRYS' GARDEN**  
ABANO TERME HOTEL

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